

Registration Form

Centering Prayer Workshop

Saturday, May 4, 2019

8:15am - 12:30pm

Cost: \$20

includes workshop and
four Continuing Sessions

May 9, 16, 23, and 30

(Enrollment is limited, scholarships available)

name

street address

city/state/zip

phone

email

**Make checks payable to:
Contemplative Outreach of Madison**

Mail registration and payment to:

Christ Presbyterian Church

Attn: Doug Madsen

944 East Gorham Street

Madison WI 53703

Centering Prayer Workshop



Saturday, May 4, 2019

8:15am - 12:30pm

***Introduction to
Centering Prayer***

with four Continuing Sessions

Thursdays 6:30 - 7:30pm

May 9, 16, 23 and 30

at

Christ Presbyterian Church

944 East Gorham Street

Madison, WI 53703

Sponsored by:

Contemplative Outreach of Madison
www.contemplativeoutreach.org

and

Christ Presbyterian Church
www.cpcmadsion.org

Questions?

Glen Hall Reichelderfer

(608) 576-1408

or pastorglen54@gmail.com

Centering Prayer Workshop

(Enrollment is limited)

Introduction to Centering Prayer Practice with four Continuing Sessions

Introductory Workshop

This introductory workshop is designed for anyone who senses a call to be with God in all of life. We will explore how to be attentive to and experience God's presence and action within. For those new to this form of prayer, the workshop covers the basics. For those more familiar, this time will serve as a refresher and opportunity to experience the richness of praying this prayer with others. The introduction consists of four presentations on the topics listed below and two periods of Centering Prayer.

Topics:

- Prayer as Relationship
- Method of Centering Prayer
- Thoughts and Centering Prayer
- Fruits of Centering Prayer and Extending the Benefits into Daily Life

"...Whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you." ~ Matthew 6:6

Four Weekly Continuing Sessions

A Saturday workshop is a good beginning, but for the daily practice of Centering Prayer to take root, we need the support of others.

For the benefit of all, there will be four continuing sessions at Christ Presbyterian Church beginning at 6:30pm on Thursdays, May 9, 16, 23 and 30.

Continuing Sessions consists of:

- A period of Centering Prayer
- A time for questions and sharing related to the experience of Centering Prayer

Ongoing Support

There are multiple ongoing Centering Prayer groups that meet in the Madison area. Christ Presbyterian Church offers a permanent Centering Prayer group (1st and 3rd Thursdays of each month at 6:30pm) for ongoing support and instruction in the practice of this prayer.

This four-hour workshop and the continuing sessions are conducted by commissioned presenters trained by Contemplative Outreach International.



Centering Prayer

Centering Prayer is a method of prayer which prepares us to receive the gift of contemplative prayer. This prayer of silence consists of responding to the Spirit of Christ by consenting to God's presence and action within. It furthers the development of contemplative prayer by preparing our faculties to cooperate with this gift.

Contemplative Prayer

Contemplative Prayer is the opening of mind and heart – our whole being – to God. Mature fruits of this prayer are a deeper caring response to the needs and rights of the human family and a deep respect for the integrity of all God's creation.

Contemplative Outreach, Ltd.

Founded in 1984 by Father Thomas Keating, Contemplative Outreach is an international network of faith communities whose primary purpose is to share the method of Centering Prayer, and to offer practices that bring its fruits into daily life. Contemplative Outreach identifies with the Christian Contemplative Heritage from which Centering Prayer is drawn. This heritage is recognized as a common ground of unity. For more information visit www.contemplativeoutreach.org.

Questions?

Contact Glen Hall Reichelderfer at 608-576-1408 or pastorglen54@gmail.com